

OAK COTTAGE SPAR MOUNTAIN DRIVE 21.1KM - GRAHAMSTOWN - 2017/08/12

POS	R/NO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	932	2567	ANDILE	MOTWANA	TINARHA	M	20	SM	1.07.10	5
2	355	355	MELIKHAYA	FRANS	IKHAMVA	M	27	SM	1.09.04	5
3	877	399	AMOS	NYONGO	IKHAMVA	M	31	SM	1.11.20	5
4	72	1458	GEORGE	NTSHILIZA	NEDBANK	M	37	35-39M	1.13.13	5
5	1293	2508	ANDRE	KETCHEM	XCEL	M	33	SM	1.14.14	5
6	1060	410	LUBABALO	MDLUNGWANE	IKHAMVA	M	26	SM	1.14.23	5
7	1455	2580	ZOLANI	NGQAQA	TINARHA	M	28	SM	1.15.22	5
8	937	2565	VUYOLWETHU	SELANA	SAPPE	M	21	SM	1.15.49	5
9	856	2564	SINETHEMBA	MIRELE	SAPPE	M	20	SM	1.15.56	5
10	1286	1402	SANDILE	NGUNUZA	NEDBANK	M	34	SM	1.16.15	5
11	63	944	MASANDE	MLONYENI	CHARLO	M	36	35-39M	1.16.16	5
12	1148	1905	MZWANELE	MAPHEKULA	BLUEBAY	M	40	40-44M	1.16.22	5
13	1018	394	MASIXOLE	XAYIYA	SANDFEP	M	23	SM	1.17.15	5
14	1378	1360	MELIKHAYA	KEPE	NEDBANK	M	41	40-44M	1.17.25	5
15	93	860	CHARLES	SEGALO	CHARLO	M	30	SM	1.17.55	5
16	871	681	LUBABALO	BOKUVA	ALBANYSS	M	27	SM	1.17.56	5
17	2589	2589	DISQUALIFIED		TEMP	M	31	SM	1.18.27	0
18	951	3232	JEANDRY	DEERLING	ASPEN	M	25	SM	1.19.02	4
19	2568	2568	DISQUALIFIED		TEMP	M	31	SM	1.19.38	0
20	1227	1618	ANELE	VOORMAN	NEDBANK	M	17	JM	1.19.51	4
21	1076	1170	DESMOND	ZIBI	ACH	M	53	50-54M	1.20.22	5
22	1213	2747	SIBUSISO	THU	SAPPE	M	29	SM	1.20.38	4
23	49	1367	THOBILE	XATA	NEDBANK	M	43	40-44M	1.20.57	5
24	1359	360	KGOTSO	MAJARA	IKHAMVA	M	36	35-39M	1.21.08	5
25	1114	423	SIZAKELE	DAYIMANI	KOWIE	M	37	35-39M	1.21.35	4
26	1101	133	CLINTON	BARRATH	MALABAR	M	34	SM	1.24.00	3
27	87	1382	MUTEKILE	RASMENI	NEDBANK	M	52	50-54M	1.24.17	5
28	997	50666	XOLILE	MASHICILA	OVERTAKE	M	41	40-44M	1.24.39	0
29	799	188	RUAN	SMALBERGER	CSEP	M	27	SM	1.24.49	3
30	878	3005	LUYANDA	MATIWANA	SPAREC	M	38	35-39M	1.24.58	4
31	835	684	DEVERNITO	DU PLESSIS	ALBANYSS	M	19	SM	1.24.59	3
32	3888	3888	JONATHAN	BENJAMIN	TEMP	M	20	SM	1.26.33	0
33	1083	2082	JACQUES	BARNARD	DESPATCH	M	41	40-44M	1.26.34	4
34	1941	1941	KENNETH	MENZE	BLUEBAY	M	55	55-59M	1.26.51	5
35	65	993	THEMBEKILE	MSIPA	CHARLO	M	43	40-44M	1.26.59	4
36	965	2845	ERIC	FOENDIEN	GRAAFFR	M	39	35-39M	1.27.17	3
37	3851	3851	NICHOLAS	GREEFF	TEMP	M	23	SM	1.27.22	0
38	4791	4791	THOKO	SIPUNGU	TEMP	M	28	SM	1.27.54	0
39	1187	52481	MKHULULI	JACK	RBOWCG	M	36	35-39M	1.28.18	0
40	1054	183	VUSUMZI	MAFU	SANDFEP	M	35	35-39M	1.28.47	3
41	1162	1568	ALFRED	MALOTANA	NEDBANK	M	47	45-49M	1.28.55	4
42	944	1451	WANDILE	FUNDE	NEDBANK	M	41	40-44M	1.28.59	3
43	76	1994	PATRICK	PETA	SOMEAST	M	41	40-44M	1.29.09	3
44	27	818	GRAHAM	ESHMADE	CHARLO	M	40	40-44M	1.29.10	3
45	32	124	ISAAC	FRAZENBURG	MALABAR	M	44	40-44M	1.29.26	3
46	1106	54847	TSEPISO	NZAYO	BCMAC	M	32	SM	1.29.53	0
47	112	1254	ERROL	WHITTAL	ELITEAC	M	42	40-44M	1.30.03	3
48	1140	1567	DONOVAN	MATTHEWS	NEDBANK	M	32	SM	1.30.56	3
49	984	2040	HENRY	CRAUSE	DESPATCH	M	34	SM	1.31.02	3
50	1137	2069	MAURITZ	PRETORIUS	DESPATCH	M	27	SM	1.31.02	3
51	991	991	SYLVESTER	JEFFRIES	RHODESU	M	30	SM	1.31.09	3
52	1252	2115	JEAN-PIERRE	ROUX	DESPATCH	M	30	SM	1.31.19	3
53	1260	2561	NDILEKA	MVAKWENDLU	TINARHA	F	26	SF	1.32.21	4
54	1153	1578	ZAMILE	XANTI	KOWIE	M	43	40-44M	1.32.41	3
55	1158	678	MARIO	HOCKLY	ALBANYSS	M	54	50-54M	1.33.48	4
56	900	3242	SARAH	RAUBENHEIMER	RHODESU	F	24	SF	1.34.01	3
57	1257	3017	SONWABILE	ZOKOZA	SPAREC	M	35	35-39M	1.34.17	2
58	1437	1831	DAVID	MAMA	VUKANI	M	41	40-44M	1.34.19	3
59	971	1538	BONGANI	BASHE	NEDBANK	M	36	35-39M	1.34.48	2
60	55	3235	SBONISIPHO	MANQELE	RHODESU	M	19	SM	1.35.02	2
61	97	2304	BONGA	SOMGIDI	MADIBAZ	M	22	SM	1.35.09	2
62	809	647	SAMKELO	SINYONGO	ASPEN	M	36	35-39M	1.36.45	2
63	1175	1566	BONGISIZWE	VENA	NEDBANK	M	28	SM	1.37.21	2
64	3881	3881	GERVAIS	ALLY	TEMP	M	30	SM	1.37.40	0
65	3073	3073	BRUCE	SAMUEL	TEMP	M	41	40-44M	1.38.13	0

POS	R/NO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
66	1253	52645	STEPHEN	MCCARTHY	EDGE	M	56	55-59M	1.38.26	0
67	3849	3849	JOHAN	GERBER	TEMP	M	30	SM	1.39.34	0
68	107	128	AMIR	VENTER	MALABAR	M	36	35-39M	1.39.56	2
69	40	134	IGHSAAN	ISAACS	MALABAR	M	52	50-54M	1.40.22	3
70	17	872	GUY	COOKE	CHARLO	M	52	50-54M	1.40.29	3
71	3078	3078	THOBELA	SOMBANE	TEMP	M	33	SM	1.40.37	0
72	3863	3863	CLAIRE	MCCANN	TEMP	F	19	SF	1.40.54	0
73	4	680	RICHARD	ALEXANDER	ALBANYSS	M	32	SM	1.40.55	2
74	3871	3871	DINO	RAPELAS	TEMP	M	26	SM	1.41.00	0
75	1085	201	JOSEPH	BAIN	CSEP	M	57	55-59M	1.41.20	3
76	1340	878	JASON	LE ROUX	CHARLO	M	34	SM	1.41.59	2
77	883	268	AYABONGA	SAUL	KOWIE	M	14	JM	1.42.09	2
78	60	1457	RICHARD	MAZUNGULA	NEDBANK	M	40	40-44M	1.42.13	2
79	4792	4792	PAUL-LUC	MICHAU	TEMP	M	21	SM	1.42.50	0
80	1020	2483	CHESTER	BROOKS	XCEL	M	59	55-59M	1.42.56	3
81	1443	51913	SIPHIWO	BUKANI	BRAC	M	36	35-39M	1.42.59	0
82	2422	2422	ANDREW	SLAUGHTER	TEMP	M	41	40-44M	1.43.13	0
83	1131	2051	HELGARD	POTGIETER	DESPATCH	M	45	45-49M	1.43.41	2
84	1109	321	STEPHEN	PHILLIPSON	MUIRITE	M	53	50-54M	1.43.42	2
85	4762	4762	CALVIN	JORDAN	TEMP	M	29	SM	1.43.55	0
86	3072	3072	JESSICA	GLASS	TEMP	F	28	SF	1.43.55	0
87	1470	1225	MICHELLE	VAN IDDEKINGE	ELITEAC	F	50	50-54F	1.44.11	4
88	1353	1268	HENRY	VAN DER WATT	ELITEAC	M	51	50-54M	1.44.11	2
89	963	2081	HANLIE	VAN DER WESTHUIZEN	DESPATCH	F	61	60-64F	1.44.26	5
90	67	1952	VUSI	MSUTHWANA	BLUEBAY	M	45	45-49M	1.44.37	2
91	1113	1482	SELWYN	ISAACS	NEDBANK	M	42	40-44M	1.44.57	2
92	3874	50978	CANDICE	SERFONTEIN	BORN RUN	F	38	35-39F	1.45.19	0
93	3866	3866	SVEN	MULLER	TEMP	M	22	SM	1.45.21	0
94	61	3275	NATHI	MFANYANA	MADIBAZ	M	35	35-39M	1.45.34	2
95	998	1078	BRENDON	DRYDEN	ACH	M	49	45-49M	1.45.37	2
96	73	1995	SIYABONGA	OLIPHANT	SOMEAST	M	26	SM	1.45.51	2
97	988	1526	GRIZELDA	PIETERSEN	NEDBANK	F	48	45-49F	1.45.51	3
98	89	805	GREGORY	ROSS	CHARLO	M	44	40-44M	1.46.03	2
99	977	1282	SEBASTIAN	HAARHOFF	VWAC	M	40	40-44M	1.46.31	2
100	1125	381	LONWABO	MTSHAKE	IKHAMVA	M	47	45-49M	1.46.35	2
101	1	122	QAASIEM	ABADER	MALABAR	M	32	SM	1.46.55	2
102	3388	3388	SEAN	HEARD-HOARE	TEMP	M	21	SM	1.47.11	0
103	25	1978	HANSIE	ELS	SOMEAST	M	69	65-69M	1.47.23	4
104	4776	4776	MPUMELELO	DUMA	TEMP	M	45	45-49M	1.47.35	0
105	3850	3850	GRAHAM	GLOVER	TEMP	M	43	40-44M	1.47.44	0
106	56	1998	HENRICO	MARAIS	SOMEAST	M	32	SM	1.48.07	2
107	10	967	MIKE	BURGER	CHARLO	M	58	55-59M	1.48.28	2
108	38	841	LESTER	HEN-BOISEN	CHARLO	M	49	45-49M	1.48.29	2
109	113	205	LUDINE	WILLIAMS	CSEP	F	30	SF	1.48.38	2
110	41	1993	BILLY	JACKSON	SOMEAST	M	46	45-49M	1.48.47	2
111	116	693	ZWELETHEMBA	YAKA	ALBANYSS	M	56	55-59M	1.48.50	2
112	3095	3095	KERRY	LONGHURST	TEMP	F	45	45-49F	1.48.56	0
113	846	1573	TAMSANQA	JUSAYI	NEDBANK	M	75	70+M	1.49.04	5
114	111	1352	TOEGEDA	VYVER	NEDBANK	F	45	45-49F	1.49.09	2
115	3084	3084	LESLIE	TER MORSHUIZEN	TEMP	M	48	45-49M	1.49.09	0
116	3886	3886	ABONGILE	DELIWE	TEMP	M	21	SM	1.49.22	0
117	3703	3703	SEBENZILE	DAYIMANI	TEMP	M	55	55-59M	1.49.28	0
118	64	3234	MOLOKO	MOKUBEDI	RHODESU	M	19	JM	1.49.35	1
119	114	825	GEORGE	WINSHIP	CHARLO	M	51	50-54M	1.49.47	2
120	1035	980	JESSICA	STEELE	RHODESU	F	25	SF	1.49.54	2
121	47	877	CHARLTON	KERRIDGE	CHARLO	M	38	35-39M	1.50.28	1
122	58	908	ALLISTER	MARRAN	CHARLO	M	41	40-44M	1.50.34	2
123	21	132	FUARD	DE JAGER	MALABAR	M	38	35-39M	1.50.41	1
124	3087	3087	MARTIN	BEKKER	TEMP	M	44	40-44M	1.50.48	0
125	2	139	YASEEN	ABRAHAMS	MALABAR	M	45	45-49M	1.51.36	2
126	68	1591	MICHAEL	NELSON	KOWIE	M	52	50-54M	1.51.36	2
127	91	1982	TRISH	SCHUIN	SOMEAST	F	51	50-54F	1.51.51	3
128	1142	53625	PIETER	BOTHA	SANLAMC	M	28	SM	1.51.52	0
129	39	953	RYAN	HOLDER	CHARLO	M	29	SM	1.52.47	1
130	3842	3842	TERRI	BLAKE	TEMP	F	38	35-39F	1.52.56	0
131	1061	358	BAFUMANE	NYANGA	IKHAMVA	M	56	55-59M	1.53.07	2

POS	R/NO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
132	1005	4005	RICHARD	GARDINER	TEMP	M	25	SM	1.53.19	0
133	69	1221	TERRAY	NEWCOMBE	ELITEAC	F	26	SF	1.53.32	2
134	106	1238	RUDI	VAN TONDER	ELITEAC	M	44	40-44M	1.53.33	1
135	5	190	MARIUS	FERREIRA	CSEP	M	49	45-49M	1.54.19	1
136	86	121	GREGORY	PURCELL	MADIBAZ	M	27	SM	1.54.22	1
137	37	2600	VUYO	GROOTBOOM	TINARHA	M	40	40-44M	1.54.27	1
138	1273	1111	GRAHAM	CHANNON	ACH	M	67	65-69M	1.54.45	2
139	3852	3852	CHARISSE	GRENFELL	TEMP	F	56	55-59F	1.54.50	0
140	1128	1250	PETER	VAN RENSBURG	ELITEAC	M	59	55-59M	1.54.52	2
141	57	1424	THOMAS	MARAIS	NEDBANK	M	30	SM	1.54.56	1
142	1426	1022	IVO	MEYER	BODYCON	M	42	40-44M	1.55.09	1
143	117	1031	LAUREN	SMITH	BODYCON	F	34	SF	1.55.26	1
144	3085	3085	WARREN	PARIS	TEMP	M	34	SM	1.55.27	0
145	3089	3089	JURGEN	KURZ	TEMP	M	23	SM	1.55.52	0
146	817	1057	AMANDA	SHAW	BODYCON	F	52	50-54F	1.56.09	2
147	4778	4778	GREG	WILMOT	TEMP	M	34	SM	1.56.10	0
148	3088	3088	LINDSAY	DAVY	TEMP	F	33	SF	1.56.18	0
149	3091	3091	JONO	DAVY	TEMP	M	33	SM	1.56.19	0
150	3083	3083	ALICE	TER MORSHUIZEN	TEMP	F	23	SF	1.56.26	0
151	1007	1007	SIVIWE	MOYAKE	TEMP	M	45	45-49M	1.56.27	0
152	82	912	PETER	POHLMANN	CHARLO	M	54	50-54M	1.56.37	1
153	15	1594	NJONGO	COKOTHO	NEDBANK	M	29	SM	1.56.39	1
154	961	506	OLWETHU	BOMVANA	MOTHER	F	31	SF	1.56.40	1
155	956	2225	NOMAKHOSI	NTLIZYO	MADIBAZ	F	19	JF	1.56.41	1
156	62	2332	GEOFFERY	MLAWU	MADIBAZ	M	53	50-54M	1.56.57	1
157	1082	1114	GAIL	KLICHOWICZ	ACH	F	50	50-54F	1.57.02	2
158	19	871	RICHARD	DE ANDRADE	CHARLO	M	56	55-59M	1.57.22	2
159	1058	3006	MBULELO	HLOYI	SPAREC	M	44	40-44M	1.57.44	1
160	3845	3845	ZIPHO	CANDA	TEMP	M	26	SM	1.57.55	0
161	987	1110	KATIE	MORRIS	ACH	F	34	SF	1.57.55	1
162	4006	4006	WESLEY	PONS	TEMP	M	22	SM	1.58.31	0
163	6	946	DONOVAN	AUSTIN	CHARLO	M	37	35-39M	1.58.33	1
164	3870	3870	JEAN-PIERRE	PIENAAR	TEMP	M	47	45-49M	1.58.57	0
165	1062	2700	JONATHAN	MANDELL	32GI	M	52	50-54M	1.58.59	1
166	853	300	CAROL	BOOYSEN	MUIRITE	F	48	45-49F	1.59.13	2
167	9001	9001	DISQUALIFIED		TEMP	M	32	SM	1.59.14	0
168	1247	2682	ROSEMARY	JOUBERT	32GI	F	56	55-59F	1.59.37	2
169	3865	3865	LEONARD	MORGAN	TEMP	M	53	50-54M	1.59.58	0
170	1084	1351	DEON	VYVER	NEDBANK	M	50	50-54M	2.00.38	1
171	1345	52334	ANDISWA	NIKANI	BRAC	F	36	35-39F	2.00.53	0
172	4001	4001	ARETHA	PHIRI	TEMP	F	38	35-39F	2.01.16	0
173	1480	278	CATHY	CURTAIN	MUIRITE	F	46	45-49F	2.01.17	1
174	4002	4002	BEN	COBBING	TEMP	M	43	40-44M	2.01.26	0
175	3077	3077	KATE	COBBING	TEMP	F	36	35-39F	2.01.26	0
176	43	162	FAIQ	JAPPIE	MALABAR	M	44	40-44M	2.01.29	1
177	7	1449	JOHAN	BARNARD	NEDBANK	M	62	60-64M	2.01.45	1
178	3887	3887	CURTIS	VAN ROOYEN	TEMP	M	23	SM	2.02.00	0
179	800	2057	LESLEY ANN	BUSH	DESPATCH	F	45	45-49F	2.02.13	1
180	90	934	HERMAN	SCHEEPERS	CHARLO	M	41	40-44M	2.02.14	1
181	1267	1976	NEVILLE	KEEVY	SOMEAST	M	46	45-49M	2.02.24	1
182	3099	3099	RACHEL	JOHNSTONE	TEMP	F	25	SF	2.02.34	0
183	18	943	DENISE	DARLOW	CHARLO	F	48	45-49F	2.02.38	1
184	1130	51225	TARYN	MACKENZIE	MERCEDEZ	F	37	35-39F	2.02.42	0
185	1395	250	ALEXANDER	WEED	KOWIE	M	67	65-69M	2.02.45	2
186	45	4020	ALETTA	JOUBERT	CRUSADE	F	55	55-59F	2.02.55	2
187	1377	2034	TALANA	WYATT	DESPATCH	F	25	SF	2.03.15	1
188	791	2085	JACOBUS	WYATT	DESPATCH	M	54	50-54M	2.03.15	1
189	1088	2062	DANIEL	PIETERSE	DESPATCH	M	55	55-59M	2.03.16	1
190	9	441	WILLIE	BOSMAN	RFLG	M	53	50-54M	2.03.52	1
191	3869	3869	NITA	PALLET	TEMP	F	22	SF	2.04.17	0
192	1119	255	MARIANNE	STIGLINGH	KOWIE	F	51	50-54F	2.04.22	1
193	3844	3844	CARIKA	BURTON	TEMP	F	37	35-39F	2.04.32	0
194	51	840	WAYNE	MAC GEAR	CHARLO	M	54	50-54M	2.04.59	1
195	102	941	CERI	TUSTIN	CHARLO	F	38	35-39F	2.05.28	1
196	981	97	INA	MEAKER	INFINITY	F	55	55-59F	2.05.35	1
197	1010	987	GAUTA	MATLOU	RHODESU	M	26	SM	2.05.50	1

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198	3876	3876	TRELOAR	TATUM	TEMP	F	22	SF	2.06.08	0
199	1095	2697	RICHARD	WATKINS-BAKER	32GI	M	49	45-49M	2.06.10	1
201	933	1144	KEN	BARWOOD	ACH	M	62	60-64M	2.07.29	1
202	911	81	WYNAND	CRAUSE	INFINITY	M	27	SM	2.07.36	1
203	33	430	JUANITA	FULLER	RFLG	F	41	40-44F	2.07.49	1
204	85	1650	DEREK	PULLEN	MADIBA	M	39	35-39M	2.08.00	1
205	930	2095	CHRISTINE	SNYMAN	DESPATCH	F	61	60-64F	2.08.05	1
206	4783	4783	BENNIE	HEYNIKE	TEMP	F	46	45-49F	2.08.08	0
207	816	115	LETA	DOS SANTOS	INFINITY	F	53	50-54F	2.08.10	1
208	850	682	HUBERT	BOTHA	ALBANYSS	M	62	60-64M	2.08.23	1
209	3858	3858	FRANCOIS	LAMONT	TEMP	M	39	35-39M	2.08.34	0
210	1166	105	JOSE	DOS SANTOS	INFINITY	M	52	50-54M	2.09.47	1
211	92	1975	MARICIA	SCHULPFORT	SOMEAST	F	31	SF	2.09.52	1
212	3098	3098	DESMOND	MUIR	TEMP	M	59	55-59M	2.09.56	0
213	96	496	LYNETTE	SMUTS	WALMER	F	51	50-54F	2.09.59	1
214	810	1437	LUCKY	ADAMS	NEDBANK	M	57	55-59M	2.10.09	1
215	1003	3263	CARLA	YORK	BLUEBAY	F	27	SF	2.10.17	1
216	931	1219	GERHARD	VAN LOGGERENBERG	ELITEAC	M	46	45-49M	2.11.02	1
217	3877	3877	TRACY	VAN AARDE	TEMP	F	48	45-49F	2.12.00	0
218	836	1717	ANTOINETTE	HUMAN	GELVAN	F	49	45-49F	2.12.02	1
219	1087	100	LYNETTE	CRAUSE	INFINITY	F	57	55-59F	2.12.09	1
220	897	2696	PAIGE	LEE	32GI	F	51	50-54F	2.12.15	1
221	79	881	LISA	HEN-BOISEN	CHARLO	F	44	40-44F	2.12.35	1
222	59	978	LOUISE	MAZUELAS	CHARLO	F	39	35-39F	2.12.36	1
223	105	961	LARA	VAN HEERDEN	CHARLO	F	41	40-44F	2.12.37	1
224	104	1010	JAN	VAN EEDEN	NEDBANK	M	59	55-59M	2.12.37	1
225	1163	630	MONDE	NCOYO	ASPEN	M	60	60-64M	2.12.39	1
226	2052	2052	JHANINEN	BOSHOFF	DESPATCH	F	51	50-54F	2.12.58	1
227	1341	1172	VUYOKAZI	SMILE	RHODESU	F	32	SF	2.13.03	1
228	3100	3100	SIPESIHLE	MGUGA	TEMP	F	30	SF	2.13.07	0
229	794	32	LANCE	SHORTT	PEAAC	M	66	65-69M	2.13.08	1
230	1181	1732	THOMAS	PLAATJIES	GELVAN	M	40	40-44M	2.13.17	1
231	53	1165	LESLEY	MAGGOTT	ACH	F	50	50-54F	2.13.45	1
232	844	1712	BRAMWELL	FLEURS	GELVAN	M	38	35-39M	2.13.54	1
233	3097	3097	CAITLYN	POTGIETER	TEMP	F	22	SF	2.14.02	0
234	4800	4800	TAMUKA	MTENGWA	TEMP	M	40	40-44M	2.14.36	0
235	954	676	COLIN	BENNETT	ALBANYSS	M	33	SM	2.14.42	1
236	3074	3074	MORGANA	TALLIAROLO	TEMP	F	33	SF	2.14.44	0
237	14	916	CHARLES	CHOWLES	CHARLO	M	42	40-44M	2.14.45	1
238	70	1996	NCEDINE	NJILI	SOMEAST	F	41	40-44F	2.14.49	1
239	3864	3864	KAYLA	MIZEN	TEMP	F	21	SF	2.14.55	0
240	3704	3704	JESSICA	BOUWER	TEMP	F	23	SF	2.14.58	0
241	1139	673	THEO	DU TOIT	ALBANYSS	M	57	55-59M	2.15.01	1
242	42	161	RUSHDA	JAPPIE	MALABAR	F	46	45-49F	2.15.11	1
243	74	933	JO-ANNE	OSBORN	CHARLO	F	45	45-49F	2.15.14	1
244	98	838	CATHERINE	STARK	CHARLO	F	26	SF	2.15.15	1
245	1313	265	AVRIL	BEYLEVELD	KOWIE	F	65	65-69F	2.15.23	1
246	11	30370	ROBERT	BUTTON	OLDSELB	M	58	55-59M	2.15.50	0
247	1184	200	ERIKA	FOREMAN	CSEP	F	47	45-49F	2.16.09	1
248	4781	4781	WAYNE	WHITTAKER	TEMP	M	51	50-54M	2.16.31	0
249	4780	4780	LYDIA	LOUW	TEMP	F	50	50-54F	2.16.51	0
250	16	954	LYNETTE	COLE	CHARLO	F	52	50-54F	2.16.55	1
251	3882	3882	VUYISILE	DONDASHE	TEMP	M	49	45-49M	2.17.40	0
252	24	348	PETER	ECK	MUIRITE	M	70	70+M	2.17.47	1
253	109	4022	MNONELI	VICE	MADIBAZ	M	21	SM	2.17.56	1
254	2211	2211	PHUMELELA	KULA	MADIBAZ	F	22	SF	2.17.57	1
255	822	1185	CAROL-ANNE	CASH	ACH	F	47	45-49F	2.18.09	1
256	802	705	OCTAVIA	BOSHOFF	CRUSADE	F	47	45-49F	2.18.09	1
257	884	1256	DANIEL	FERREIRA	ELITEAC	M	59	55-59M	2.18.09	1
258	77	811	EUSENTHA	PILLAY	CHARLO	F	51	50-54F	2.18.09	1
259	54	4015	MUTHUMUNI	MANAGA	RHODESU	F	29	SF	2.18.09	1
260	44	246	ROBERT	JOINER	KOWIE	M	70	70+M	2.18.22	1
261	976	1963	LISA	SHARP	BLUEBAY	F	36	35-39F	2.18.26	1
262	829	292	BIANCA	DEYZEL	MUIRITE	F	32	SF	2.18.42	1
263	929	765	LESLIE	FERREIRA	CRUSADE	M	22	SM	2.18.50	1
264	3880	3880	RUTENDO	CHIRUNDU	TEMP	F	22	SF	2.18.58	0

POS	R/N0	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
265	3868	3868	KIMBERLEIGH	OXENHAM	TEMP	F	24	SF	2.19.08	0
266	3857	3857	MICKEY	LAI	TEMP	F	22	SF	2.19.10	0
267	1456	425	COLIN	MEYER	RFLG	M	53	50-54M	2.19.12	1
268	48	1239	YOLANDE	KNOETZE	ELITEAC	F	50	50-54F	2.19.13	1
269	35	1571	DORIS	GERBER	NEDBANK	F	46	45-49F	2.19.19	1
270	1116	1161	SHANE	NORRIS	ACH	M	43	40-44M	2.19.19	1
271	1258	428	PETRI	HEYNS	KOWIE	M	39	35-39M	2.19.41	1
272	3076	3076	ANTHONY	BERNARD	TEMP	M	37	35-39M	2.20.04	0
273	4775	4775	GHIDA	BERNARD	TEMP	F	32	SF	2.20.08	0
274	3853	3853	NATALIE	GRENFELL	TEMP	F	23	SF	2.20.40	0
275	3090	3090	AMY	VON WITT	TEMP	F	24	SF	2.20.50	0
276	3086	3086	ALEX	AWOLAJA	TEMP	M	24	SM	2.21.42	0
277	2460	2460	ILZE	PIENAAR	TEMP	F	31	SF	2.21.50	0
278	1056	2779	HERMAN	DEKKER	SAPPE	M	72	70+M	2.22.54	1
279	3848	3848	BROOKE	FRANKLIN	TEMP	F	23	SF	2.23.11	0
280	3847	3847	DYLAN	DU PREEZ	TEMP	M	21	SM	2.23.12	0
281	3859	3859	NYIKO	MABASA	TEMP	F	26	SF	2.23.28	0
282	3080	3080	VICTORIA	TER MORSHUIZEN	TEMP	F	46	45-49F	2.23.46	0
283	875	2092	VERONICA	BOSHOFF	DESPATCH	F	56	55-59F	2.23.55	1
284	1028	2064	WERNER	CLAASSEN	DESPATCH	M	53	50-54M	2.23.56	1
285	2440	2440	RONALD	SIMANGO	TEMP	M	32	SM	2.24.16	0
286	3846	3846	ANDREA	COMLEY	TEMP	F	51	50-54F	2.25.02	0
287	8	442	ANTOINETTE	BOSMAN	RFLG	F	49	45-49F	2.25.03	1
288	928	223	SHARON	SMUTS	CSEP	F	51	50-54F	2.25.05	1
289	94	57	WERNICH	SLABBERT	PEAAC	M	50	50-54M	2.25.49	1
290	95	59	EMMERENCHIA	SLABBERT	PEAAC	F	44	40-44F	2.25.50	1
291	84	1592	GORDON	POTGIETER	NEDBANK	M	46	45-49M	2.25.51	1
292	3884	3884	ASHAY	MAHARAJ	TEMP	M	22	SM	2.25.57	0
293	83	2279	SIHLE	POSWAYO	MADIBAZ	M	27	SM	2.26.02	1
294	1159	2070	FANIE	CLAASSEN	DESPATCH	M	59	55-59M	2.26.22	1
295	1121	2033	ADELE	BARNARD	DESPATCH	F	37	35-39F	2.26.23	1
296	1055	1417	GENEVIEVE	LAYCOCK	NEDBANK	F	48	45-49F	2.27.16	1
297	851	2086	AMANDA	BLIGNAULT	DESPATCH	F	57	55-59F	2.27.16	1
298	1133	713	DENISE	FERREIRA	CRUSADE	F	55	55-59F	2.28.13	1
299	12	1904	RUDY	BUYS	BLUEBAY	M	40	40-44M	2.28.34	1
300	50	1903	JACKI	LYLE	BLUEBAY	F	36	35-39F	2.28.34	1
301	3079	3079	NICOLE	CRAIG	TEMP	F	52	50-54F	2.28.47	0
302	1202	426	KAREN-LEE	MEYER	RFLG	F	53	50-54F	2.28.48	1
303	1384	1301	PIETER	STEYN	VWAC	M	58	55-59M	2.28.56	1
304	793	2059	YVETTE	JONKER	DESPATCH	F	45	45-49F	2.28.59	1
305	1240	2076	MICHELLE	CLAASSENS	DESPATCH	F	49	45-49F	2.29.00	1
306	3875	3875	MERYN	TEE	TEMP	F	24	SF	2.29.20	0
307	910	270	MARIETJIE	ROBB	KOWIE	F	60	60-64F	2.29.31	1
308	103	984	SIBONGILE	VAN DAMME	RHODESU	F	54	50-54F	2.29.48	1
309	20	1248	CHARLENE	DE CONING	ELITEAC	F	52	50-54F	2.30.43	1
310	52	1118	RODNEY	MAGGOTT	ACH	M	59	55-59M	2.31.22	1
311	908	1119	TREMAINE	WESSON	ACH	M	56	55-59M	2.31.46	1
312	4777	4777	VUYOKAZI	BOOI	TEMP	F	40	40-44F	2.32.03	0
313	3843	3843	CAROLENE	BROOKS	TEMP	F	32	SF	2.32.49	0
314	4799	4799	KENNY	NOLAN	TEMP	M	47	45-49M	2.33.06	0
315	964	2079	SANET	VAN NIEKERK	DESPATCH	F	48	45-49F	2.33.08	1
316	3702	3702	PEARL	HARWOOD	TEMP	F	33	SF	2.34.07	0
317	1086	2077	EUGENE	CLAASSENS	DESPATCH	M	54	50-54M	2.35.47	1
318	992	1139	GRAHAM	NELL	ACH	M	66	65-69M	2.36.00	1
319	3118	3118	SWEETLENER	MSENYANA	TEMP	F	28	SF	2.36.18	0
320	891	1886	SIKHUMBUZO	MAYABA	VUKANI	M	40	40-44M	2.36.19	1
321	4003	4003	NONTYATYAMBO	NGAYEKA	TEMP	F	31	SF	2.37.25	0
322	75	2289	INGRID	OXLEY	MADIBAZ	F	32	SF	2.37.37	1
323	101	215	TANIA	TRUTER	CSEP	F	44	40-44F	2.37.48	1
324	1026	2778	MICHAEL	DEKKER	SAPPE	M	44	40-44M	2.37.49	1
325	792	2063	MADELEIN	CLAASSEN	DESPATCH	F	49	45-49F	2.39.54	1
326	904	1544	LULAMA	MCEKA	KOWIE	F	56	55-59F	2.40.51	1
327	4009	4009	VIOLET	SELWANA	TEMP	F	22	SF	2.41.19	0
328	115	1686	CHERYL	WITTE	MADIBA	F	55	55-59F	2.41.21	1
329	3855	3855	PHEMELO	HELLEMANN	TEMP	F	28	SF	2.41.36	0
330	1110	640	LUCIA	PHOKATHA	ASPEN	F	38	35-39F	2.44.19	1

POS	R/NO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
331	26	1960	ERICA	ERASMUS	BLUEBAY	F	47	45-49F	2.45.28	1
332	3872	3872	MARTIN	SCHOLTZ	TEMP	M	52	50-54M	2.46.33	0
333	3862	3862	DINEO	MATEBESE	TEMP	F	42	40-44F	2.46.47	0
334	3094	3094	NADIA	CZEREDRECKI-SCHMIDT	TEMP	F	38	35-39F	2.47.06	0
335	3867	3867	ZANDILE	NWEBA	TEMP	F	33	SF	2.47.39	0
336	1008	1008	AMANDA	NOHAJI	TEMP	F	29	SF	2.47.40	0
337	4794	4794	SIPHO	MABOZA	TEMP	M	45	45-49M	2.48.06	0
338	830	1490	RIKHOTSO	ROOI	NEDBANK	M	34	SM	2.48.12	1
339	81	836	SUSAN	PIRON	CHARLO	F	53	50-54F	2.48.50	1
340	66	1954	NWABISA	MSUTHWANA	BLUEBAY	F	37	35-39F	2.48.56	1
341	88	1955	VICKI	REYNOLDS	BLUEBAY	F	53	50-54F	2.48.58	1
342	3854	3854	JONATHAN	HELLEMANN	TEMP	M	32	SM	2.49.39	0
343	23	2358	AYANDA	DLULA	MADIBAZ	F	23	SF	2.50.14	1
344	3885	3885	XOLELA	NKAYI	TEMP	M	63	60-64M	2.51.36	0
345	1079	644	WENDY	DENSTON	ASPEN	F	44	40-44F	2.51.40	1
346	1179	1197	APHIWE	MADLAVU	RHODESU	F	32	SF	2.52.20	1
347	3856	3856	DIEGO	ISAACS	TEMP	M	30	SM	2.52.22	0
348	1115	216	SUNET	HARRIS	CSEP	F	44	40-44F	2.52.22	1
349	3082	3082	RAYLENE	FLANNIGAN	TEMP	F	26	SF	2.52.29	0
350	3839	3839	CHARLOTTE	BARNARD	TEMP	F	23	SF	2.52.57	0
351	3093	3093	NANDE	MKUNQWANA	TEMP	F	35	35-39F	2.53.14	0
352	1198	2080	REINET	STEYN	DESPATCH	F	56	55-59F	2.53.28	1
353	3861	3861	LYNNE	MARSHALL	TEMP	F	68	65-69F	2.53.41	0
354	108	962	MILE	VERMAAK	CHARLO	F	50	50-54F	2.54.07	1
355	1167	334	NEIL	GROBLER	MUIRITE	M	57	55-59M	2.55.24	1
356	1387	1166	NOSIPHIWO	NGQWALA	RHODESU	F	31	SF	2.57.51	1
357	100	2748	RIAAN	THOMAS	SAPPE	M	37	35-39M	2.57.55	1
358	4761	4761	ANEL	HEYNS	TEMP	F	37	35-39F	2.58.26	0
359	99	2301	SIMON	STRIMLING	MADIBAZ	M	55	55-59M	3.01.48	1
360	30	1446	HELEN	FOURIE	NEDBANK	F	47	45-49F	3.03.45	1
361	31	1447	ANDRE	FOURIE	NEDBANK	M	70	70+M	3.03.46	1
362	1343	4016	THINA	MAQUBELA	RHODESU	F	27	SF	3.04.00	1
363	3092	3092	AKHONA	NGCAUZELE	TEMP	M	33	SM	3.04.12	0
364	882	193	DINA	SCHUTTE	CSEP	F	51	50-54F	3.13.19	1
365	1070	253	MARLENE	WIESE	KOWIE	F	71	70+F	3.15.47	1
366	1464	252	CAROL	NEPGEN	KOWIE	F	66	65-69F	3.15.47	1
367	1069	192	HANNELIE	FERREIRA	CSEP	F	42	40-44F	3.18.24	1
368	922	186	JEAN-MARIE	FOREMAN	CSEP	F	22	SF	3.18.25	1
369	962	500	ALAN	PENNEY	WALMER	M	70	70+M	3.18.25	1
370	110	759	ODETTE	VOSLOO	CRUSADE	F	57	55-59F	3.18.26	1
371	3878	3878	NATALIE	VOSLOO	TEMP	F	31	SF	3.18.27	0
372	3840	3840	KATH	BARNARD	TEMP	F	23	SF	3.29.35	0
373	3841	3841	TIM	BARNARD	TEMP	M	50	50-54M	3.30.08	0
374	1356	1168	SISONKE	MAWONGA	RHODESU	F	26	SF	3.32.38	0
375	3075	3075	MARIE	DELPOR	TEMP	F	61	60-64F	3.59.59	0
HELPERS RUN										
H1	3001	450	TERRI-LYNN	PENNEY	RFLG	F	40	40-44F	1.56.10	2
H2	3002	444	STEPHEN	PENNEY	RFLG	M	43	40-44M	1.56.11	1
H3	3003	671	DAVID	STOLOFF	ALBANYSS	M	45	45-49M	2.28.35	1